

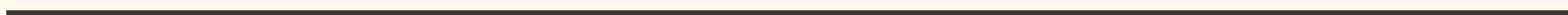
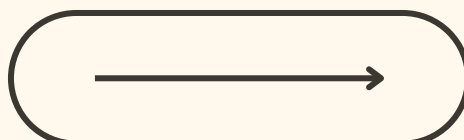


www.isabelvalle.com

Authentic Leadership Reflection Guide

Lead with truth. Inspire with trust.

By Isabel Valle





“You don’t need to lead like them — you need to lead like you.” – Isabel Valle

A reflective guide for leaders who want to strengthen trust, connection, and impact through authentic leadership.



WELCOME



Why Authenticity Is Your Leadership Edge

The most magnetic leaders aren't the loudest or the most polished — they're the real ones.

Authenticity creates safety. And safety fuels innovation, creativity, and performance.

This short reflection guide is designed to help you reconnect with your authentic self — your values, your voice, and your raw edges that make you human and powerful.

Take 10 quiet minutes. Be honest.
There are no right answers — only real ones.

Warmly,
Isabel Valle

Master Certified Coach | Leadership Expert | Speaker
www.isabelvalle.com

The Authenticity Compass



Authentic leadership starts when these four parts of you align. Use the following prompts to explore each area and uncover the truths that shape your leadership presence.

Reflection Prompts

1. Clarify Your Values

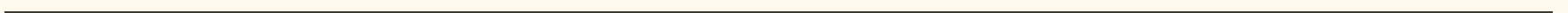
What principles guide your decisions — even when no one is watching?

 *Write down your top 3 non-negotiable values and one way they show up (or don't) in your leadership today.*

1.....

2.

3.



2. Reclaim Your Story

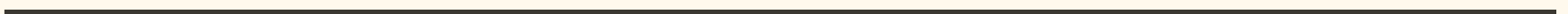
Every leader has a defining moment — a challenge, mistake, or breakthrough that shaped who you are.

 *Where do you feel most tempted to “perform”?
How might showing your imperfection actually
strengthen trust?*

3. Embrace Your Edges

Perfection creates distance. Vulnerability creates connection.

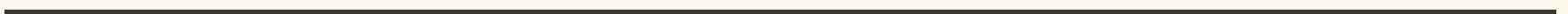
 *Where do you feel most tempted to “perform”?
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4. Align Your Voice

Authenticity is felt in the tone you set and the words you choose.

 *Where do your words and actions align — and where might they feel out of sync?*



5. Activate Your Authenticity Ritual

Small daily rituals reinforce big shifts.

 *What's one simple action (e.g., a two-minute reflection before meetings, a weekly "what I learned" share) that helps you lead more authentically?*

Closing Reflection + Call to Action



**“When you lead from who you truly are, you don’t
have to chase influence — it comes to you.”**
– Isabel Valle

Your Leadership Magnet

As you reflect, notice:

- What surprised you?
 - What truth about your leadership are you ready to own more fully?
 - How can you model authenticity for those you lead?
-

Keep Building Your Authentic Leadership Muscle



You've taken the first step toward deeper, more connected leadership.

Now, let's turn reflection into action.

- Option 1: Join my newsletter for exclusive tools, leadership reflections, and early access to programs.
- Option 2: Book a Leadership Clarity Call with me — let's explore how authenticity can become your leadership advantage.

Work with Isabel

www.isabelvalle.com
