

**Objective:** Engage in thought-provoking discussions with your team or study group using our curated list of discussion questions. Reflect on key concepts from Lead365 and explore how they apply to your unique leadership journey.

This guide is designed to help you facilitate meaningful conversations and deep reflections on the key concepts covered in Lead365. Use these questions to spark discussions within your team, study group, or personal reflection time.

Using These Questions

Team Discussions: Schedule regular team meetings to discuss one or two questions at a time, fostering open dialogue and shared learning.

Study Groups: Form a study group with peers to delve into these questions, exchanging diverse perspectives and insights.

To your leadership success,

Isabel Valle



## **Understanding Leadership**

- **1. Defining Leadership:** How do you personally define leadership? What qualities do you believe are essential for effective leadership?
- **2. Leadership Styles:** What leadership style do you resonate with the most? How does this style influence your interactions with your team?

#### **Communication Excellence**

- **3. Effective Communication:** Share an example of a time when effective communication significantly impacted a project or relationship. What did you learn from this experience?
- **4. Active Listening:** How can you improve your active listening skills? What are the challenges you face in listening actively, and how can you overcome them?

### **Building Trust and Integrity**

- **5. Trust Building:** Describe a situation where trust was either built or broken in your team. What were the consequences, and how did you address them?
- **6. Ethical Leadership:** Why is ethical leadership crucial in today's world? Can you recall a scenario where ethical leadership made a significant difference?

### **Leading Change**

- **7. Change Management:** Reflect on a major change initiative you were involved in. What were the key challenges, and how did you navigate them?
- **8. Innovation and Adaptability:** How do you foster a culture of innovation and adaptability within your team or organization?



## **Emotional Intelligence**

- **9. Self-Awareness:** How do you assess and improve your emotional intelligence? Share an instance where emotional intelligence played a key role in your leadership.
- **10. Empathy in Leadership:** How can you demonstrate empathy in your daily interactions with your team? What impact does empathy have on team dynamics?

# **Vision and Strategy**

- **11. Creating a Vision:** What is your leadership vision for your team or organization? How do you communicate and inspire others to share this vision?
- **12. Strategic Planning:** Discuss the importance of strategic planning. How do you balance short-term goals with long-term objectives?

# **Developing Others**

- **13. Mentorship:** Who has been a significant mentor in your leadership journey? What lessons have you learned from them, and how do you apply these lessons in your own mentoring?
- **14. Empowering Others:** How do you identify and develop potential leaders within your team? What strategies do you use to empower and support them?

#### **Resilience and Well-Being**

**15. Building Resilience:** How do you maintain resilience in the face of challenges? Share techniques or practices that help you stay resilient.



**16. Work-Life Balance:** Why is work-life balance important for leaders? How do you ensure you and your team maintain a healthy balance?

# **Leading with Purpose**

- **17. Purpose-Driven Leadership:** What drives you as a leader? How do you align your personal values with your professional goals?
- **18. Impact and Legacy:** What legacy do you want to leave as a leader? How do you work towards making a positive impact in your organization and community?

### **Continuous Improvement**

- **19. Lifelong Learning:** How do you stay committed to continuous learning and development? What resources or practices do you find most valuable?
- **20. Feedback and Growth:** How do you seek and utilize feedback for personal and professional growth? Share an example of how feedback has led to significant improvement.